

Statement of Intent and Release of Liability from Suzanne Heyn, LLC For Participants of The Big Shift

All coaching services, spiritual advising and online programs delivered by Suzanne Heyn (referred to hereafter as “Suzanne” or “advisor”), operating under Suzanne Heyn, LLC (referred to hereafter as “company”), are meant to challenge, uplift and support you. However, coaching and/or online course work is in no way to be construed or substituted as psychological counseling or any other type of therapy or medical advice.

By expressing interest and/or registering for The Big Shift (hereafter referred to as “program”), you, the client, agree to the following:

- I understand that the program I will be receiving from Suzanne Heyn is not offered as a substitute for mental or physical health care. I also understand that my spiritual advisor, Suzanne Heyn, is not acting as a psychotherapist, and does not purport to offer mental health care.
- I certify that I am in suitable physical condition to participate in the yoga portion of the program. I hereby release Suzanne, the company, personal representatives, agents, employees, and executors from any liability relating to injury or discomfort resulting from the program, including the kundalini yoga or hatha yoga portion of the program.
- I certify and understand that I am responsible for my physical and mental wellbeing during the entire portion of the program and thereafter, in perpetuity.
- I understand that my advisor will maintain the confidentiality of our communications only to the extent defined by the laws of the states in which each of us resides. I will maintain the confidentiality of other program participants and not share, expose, or reveal any information about participants to third parties.
- I understand and agree that I am fully responsible for my wellbeing during and after my advising calls, spending time in the forum, and participating in the program, including my choices and decisions.
- I understand that all comments, ideas and suggestions offered by my advisor are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent, and hereby give such consent to my advisor to assist me in achieving such goals.
- I hereby release, waive, acquit and forever discharge Suzanne Heyn, LLC, its agents, successors, assigns, personal representatives, executors, heirs and employees (collectively “Suzanne Heyn LLC”) from every claim, suit, action, demand or right to compensation for damages I may claim to have or that I may have arising out of actions, omissions, or commissions taken by myself or by Suzanne Heyn, LLC as a result of the advice given by Suzanne Heyn or otherwise resulting from the advising relationship contemplated hereunder. I further declare and represent that no promise, inducement or agreement not herein expressed has been made to me to enter into this release. The release made pursuant to this paragraph shall bind my heirs, executors, personal representatives, successors, assigns, and agents.
- The forum is a special place designed to support, encourage and uplift program participants. I agree to offer support and avoid making cruel comments.

I have read the statements above my payment for the program acknowledges that I have received, understand and agree with the points contained therein.